

## **Self-Declaration and Studio Rules for Drop-In Studio Sessions**

## Welcome Back to the Studio!

The studio is limited to 7 members at a time to keep everyone safe and socially distanced.

## A signature below confirms:

- 1. You have read and will comply with all studio rules in the workspace.
- 2. And that the following statements are true:
  - » I have NOT tested positive for COVID-19 in the last 14 days.
  - » I have NOT had known contact with a person who has tested positive in the last 14 days.
  - » I am NOT currently experiencing any of the following symptoms.
    - Fever or chills
    - Fatigue
    - Sore throat
    - Cough
- Loss of taste or smell
- Muscle or body aches
- Congestion or runny nose
- Diarrhea

- Shortness of breath or difficulty breathing
- Headache
- Nausea or vomiting

If you answer YES to any of these questions please do not enter the studio, return home, and follow <u>State and CDC guidelines</u> for self quarantine. Should a positive COVID-19 test be determined, please contact the Concord Board of Health and The Umbrella's Education Director, if determined that close contact and contract tracing in The Umbrella community is required.

## **Studio Rules**

- Masks must be worn at all times.
- Keep a social distance of 6' at all times.
- No guests are allowed.
- Use the hand sanitation station when entering the studio.
- Wash hands with soap and water frequently.
- Online registration is required to reserve studio time, no other times admitted.
- Notify the Education Director if exposed to COVID-19 for contact tracing.
- Use sanitizing spray or wipes after cleaning up to disinfect any tools or furniture.

I understand the Umbrella is not responsible for any personal safety measures and is not liable for any contamination or spread of the virus while on the studio grounds. To the best of our ability, The Umbrella is implementing studio precautions as outlined by the state for public health and safety. The Umbrella reserves the right to end programs and access at any time due to safety concerns or state regulations.

Studio Member Name (Print): Date:	
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